



# Sacred Woman

## RETREAT

FALL EDITION

MONTAGUE, MA  
DEZ 1-3, 2023

"Creating a solid base  
to **build big Dreams.**"

— Milla Dalbem

# About

Sacred Women Retreat is a safe space for women to get together! There we will celebrate life, deepen our spiritual journey, find support for our journey as a woman in this new age we are living in.

It's a life experience! It will be a 3 days experience of what feels like to feel safe, to feel empowered, to taste how it's magnificent to just be you, without the filter of "self"-judgment.



# Activities

## Friday Dez 1st

- Smudge ceremony
- Entrance to the Red Tent
- Creating connections
- Cacao Workshop

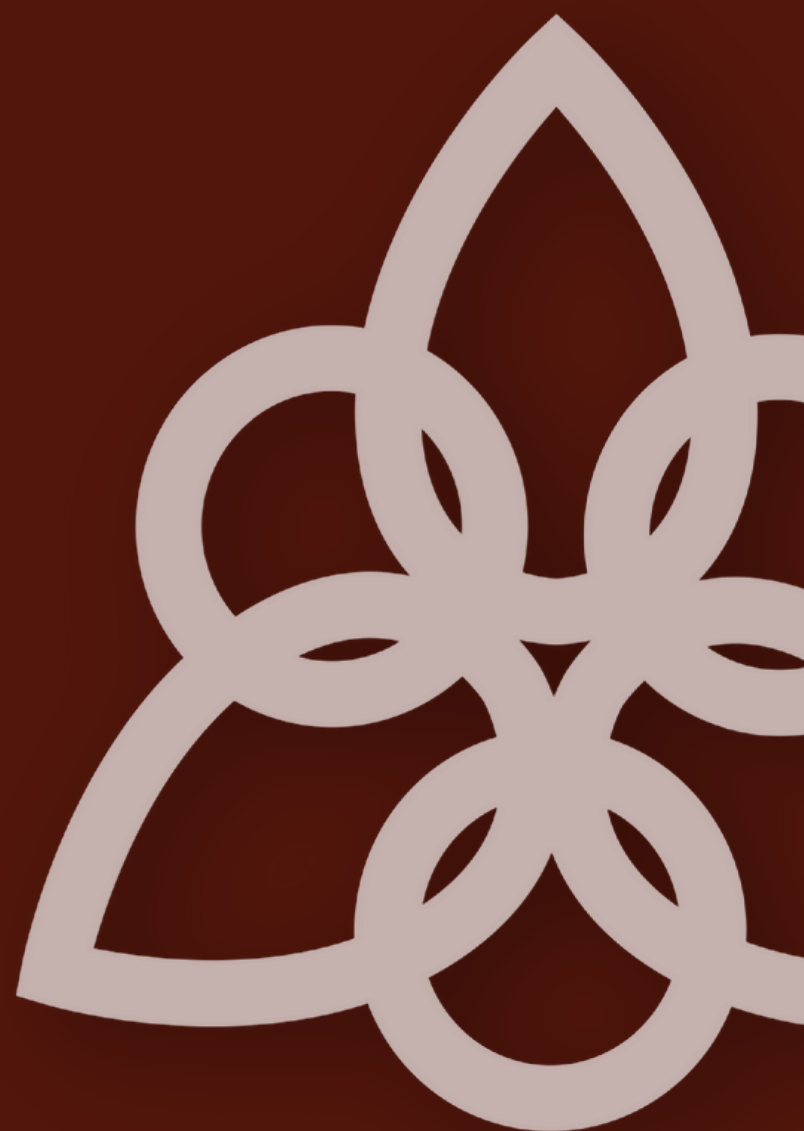
## Saturday Dez 2nd

- Rapeh Ceremony
- Breakfast
- Golden Goddess Workshop \_ By  
Andreza Moon
- Lunch
- Crown flowers making
- Photos shooting
- Chanting Circle
- Preparing altar
- Shamanic Ceremony

## Sunday Dez 3rd

- The rite of the womb
- Integration
- The goddesses breakfast

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# Meals

- We will offer Snacks
- Two breakfasts (Saturday and Sunday)
- Lunch on Saturday
- Late snack after ceremony on Saturday
- All the food will be vegetarian and some fasting might be asked before some activities.



# Hi, I'm Milla



Nice to meet you Beautiful woman 🌸

I am Milla Dalbem, Brazilian, 31 yo, a mother, a daughter, and a woman on a constant self-improvement path.

I have completely surrendered myself to self-healing tools so that I can better understand my own emotions and find my purpose in life.

I found that my soul mission is to work with women to help them feel empowered and discover their life purpose.

Spiritually brought me all the answers to the questions I had about myself and the world. And I'm more than happy to share this and guide you on this path.

I have an Entheogenic church, "Caminho da Luz" based in San Diego, CA and I've been serving Ayahuasca with spiritual purpose since 2020.

Hope to connect with you soon.

Thank you for letting me guide you on this beautiful journey.

- Much Gratitude! Milla Dalbem.



# Goddess Staff

## Mariana Hugueney



Photographer, Wombkeeper.  
She likes to tell stories through  
spontaneous photography.  
Saving the memories we will  
share.

## Paloma Brizack



Artist, Wombkeeper,  
Videographer for New Era.  
Developing awareness through  
my interpersonal relationships.  
For me, existing means sharing.

## Diane de Souza



Radiesthetist therapist, medium,  
tobbaco healer, Wombkeeper. A  
woman inspired to inspire and  
who believes that the cure for  
many of our mental problems  
lies in seeking spiritual balance.

# Goddess Staff

## Tatiane Bastos



Artist and artisan, Wombkeeper. Passionate about art and the development of spirituality within the being. A soul in Earth searching for self-knowledge.

## Maria Carolina



Cacao Facilitator, Herbalist, Wombkeeper and a beautiful soul who is committed to her healing journey through the opening of her heart and of others she encounters in this lifetime.

## Sâmara Aline Costa



Medium that works with cleansing and energy balancing. cooking is my passion, I do with so much love using the blessings I receive from my ancestors. Food is medicine for the body and the soul. Cooking was the way I found to be able to share all the love and joy I do have in my life.

# Special Guest



*Andreza Moon*

Andreza Moon has been a body painter since 2008 who has been learning ever since to celebrate the human body as a canvas.

She has a strong connection with female features and uses it on all her artwork.

## Golden Goddess Workshop

Will bring you a unique experience to celebrate your body and yourself as the rare jewel you are meant to be.

Using paint, dance, sounds, and movements we will together heal deep wounds which has been taking your powerful connection with yourself .

Let shine the goddess in you 🙏



# What to bring

- Something to lay on - single air mattress, yoga mat, comforters
- Pillow (for ceremony)
- Clothes that make you feel BEAUTIFUL- it doesn't matter what type of clothes, as long as you feel comfortable and empowered. It's going to be only women so you will have a safe space to express yourself
- Personal items
- Reusable water bottle
- Tissue or toilet paper
- Notebook to write your insights
- Flowers for the altar
- Crystals, pictures anything you want to place at the altar
- Instruments are welcome
- Light-colored clothes to the ceremony, white preferably.
- Bring some props in red color such as a scarf, waistband, or veil.



# Energy Exchange

- FULL PRICE \$530
- Payment plans available

*Contact us for payment arrangement*

\*ALL CEREMONIES AND ACTIVITIES ARE INCLUDED\*

ROOMS AND BEDS MIGHT BE SHARED.

LIMITED SPOTS - SMALL & COZY TO INTERACT BETTER

YOUR APPLICATION WILL ONLY BE APPROVED AFTER THE INTERVIEW

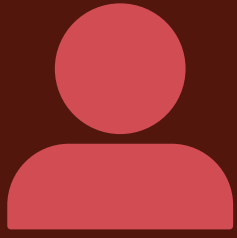
CANCELATION POLICY: NO REIMBURSEMENT 30 DAYS PRIOR.

Check-in 12/01 @5pm  
Check-out 12/03 @1pm



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# Contact us



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